

**Janina Larissa Bühler**

Curriculum Vitae

**Personal Information**

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Work Address	Division of Personality and Developmental Psychology Department of Psychology University of Basel Missionsstrasse 62 4055 Basel   SWITZERLAND
Phone	+ 41 78 636 73 88
Email	Janina.buehler@unibas.ch
Date and Place of Birth	March 24, 1988 in Freiburg im Breisgau, Germany
Citizenship	German

**Academic Background**

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<b>PhD in Psychology</b> 02/2016 to present	<b>SNF Doc.CH Doctoral Candidate</b> <b>Division of Personality and Developmental Psychology</b> Department of Psychology University of Basel, Switzerland Supervisors: Prof. Dr. Alexander Grob, Prof. Dr. Jana Nikitin
<b>Research Associate</b> 09/2014 – 01/2016	<b>Division of Personality and Developmental Psychology</b> Department of Psychology University of Basel, Switzerland Grant proposal writing for SNF Doc.CH personal grant P0BSP1_168915 (Grantee: Janina L. Bühler) and SNF research project 100019_162697 (PI: Prof. Dr. Alexander Grob).
<b>MSc in Psychology</b> 01/2012 – 08/2014	<b>University of Bern, Switzerland</b> Honors: Insigni cum laude (Grade: 5.5/6.0) Master's thesis: Biological, psychological, and social determinants of sociosexuality (Grade: 5.5/6.0) Supervisor: Prof. Dr. Thomas Rammsayer
<b>BSc in Psychology</b> 09/2008 – 08/2011	<b>University of Fribourg, Switzerland</b> Honors: Insigni cum laude (Grade: 5.5/6.0)   Bilingual studies Bachelor's thesis: An empirical evaluation of the prevention program learning with children (Grade: 6.0/6.0) Supervisors: Prof. Dr. Meinrad Perrez, Fabian Grolimund

## Grants and Scholarships

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**Swiss National Science Foundation.** Grant for conducting dissertation project. Title: How we become who we are within romantic relationships. Disentangling the complex interplay between personality and romantic relationships from three perspectives. Amount of grant: \$184,845 | Grantee: Janina Bühler | Period: 10/2016 – 10/2019

**Swiss National Science Foundation.** Grant for conducting research visit at Northwestern University, Evanston, IL, USA. Amount of grant: \$13,900 | Period: 3/2017 – 12/2017

**Swiss National Science Foundation.** Grant for conducting research visits at the University of Heidelberg, Germany, and Yale University, New Haven, CT, USA. Amount of grant: \$9,900 | Period: 1/2019 – 7/2019

**Swiss Study Foundation.** Grant for conducting research visit at the University of California, Riverside, CA, USA. Amount of grant: \$5,100 | Period: 9/2016 – 12/2016

**Swiss Study Foundation.** Fellow | Period: 2008 – 2017

## Travel Funding

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**Grant.** University of Basel. 28<sup>th</sup> Convention of the APS in Chicago, IL, USA (\$1,460)

**Travel Award.** Jacobs Foundation. 7<sup>th</sup> SSEA Conference in Miami, FL, USA (\$500)

**Grant.** University of Basel. 7<sup>th</sup> SSEA Conference in Miami, FL, USA (\$1,930)

**Grant.** Swiss Study Foundation. Summer School at the Leibniz Institute, Germany (\$510)

**Grant.** Swiss Study Foundation. Summer School at the University of Utrecht, the Netherlands (\$510)

**Grant.** Swiss Academy of Humanities and Social Sciences. 14<sup>th</sup> ARP Conference in St. Louis, MO, USA (\$1,200)

## Research Visits

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### Northwestern University, Evanston, IL, USA

Prof. Dan McAdams

Developing, preparing, and conducting research project on couples' relationship narratives (Northwestern Study of Relationship Narratives)

Period: 3/2017 – 7/2017 and 11/2017

### University of California, Riverside, CA, USA

Prof. David Funder

As a collaborator in the International Situations Projects involved in the final steps of preparing the project to be sent to all collaborators

Period: 9/2016 – 12/2016

## Peer-Reviewed Journal Articles

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- Bühler, J. L.**, Weidmann, R., Kumashiro, M., & Grob, A. (in press). Does Michelangelo care about age? An adult life-span perspective on the Michelangelo phenomenon. *Journal of Social and Personal Relationships*. Advance online publication. doi:10.1177/0265407518766698
- Bühler, J. L.**, Weidmann, R., Nikitin J., & Grob, A. (forthcoming). A closer look at life goals across adulthood: Applying a developmental perspective to content, dynamics, and outcomes of goal importance and goal attainability. Manuscript conditionally accepted for publication in the 2019 Special Issue of the *European Journal of Personality*.

## Book Chapters

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- Dunlop, W. L., **Bühler, J. L.** (in press). A life course approach to personality. In V. Zeigler-Hill & T. Shackelford (Eds.), *Encyclopedia of personality and individual differences*. Cham, Switzerland: Springer.
- Gardiner, G., Baranski, E., & **Bühler, J. L.** (in press). Cross-cultural assessment of situational experience. In D. Funder, J. F. Rauthmann, & R. Sherman (Eds.), *The Oxford handbook of psychological situations*. New York, NY: Oxford University Press.

## Conference Paper Presentations

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- Bühler, J. L.**, Maghsoodi, H., & McAdams, D. P. (2018, July). How can you love and have no story to tell? Narrative approaches applied to romantic relationships. In **J. L. Bühler** (Chair), Current approaches and methods for studying the interplay between personality and romantic relationships. Symposium conducted at the 19<sup>th</sup> European Conference on Personality, Zadar, Croatia.
- Weidmann, R., **Bühler, J. L.**, Wünsche, J., Burriss, R. P., & Grob, A. (2018, July). Every day another way: How variability in daily relationship processes explains the effects of personality vulnerabilities on relationship satisfaction in couples. In **J. L. Bühler** (Chair), Current approaches and methods for studying the interplay between personality and romantic relationships. Symposium conducted at the 19<sup>th</sup> European Conference on Personality, Zadar, Croatia.
- Grob, A., Burriss, R. P., Weidmann, R., Wünsche, J., & **Bühler, J. L.** (2018, July). Leaving footprints on the intimate partner's personality. In J. Borghuis (Chair), Dynamics of personality and close relationships. Symposium conducted at the 19<sup>th</sup> European Conference on Personality, Zadar, Croatia.
- Weidmann, R., **Bühler, J. L.**, Burriss, R. P., & Grob, A. (2017, September). Neuroticism and the trajectory of sexual satisfaction across two weeks: A daily diary study. In M. Mund (Chair), I, you, and we. Dyadic perspectives on romantic relationships. Symposium conducted at the 14<sup>th</sup> DPPD conference, Munich, Germany.

- Bühler, J. L.,** Weidmann, R., Nikitin, J., & Grob, A. (2017, September). Across the years of adulthood: Which roles do life goals play for romantic relationships? In T. Braun (Chair), Forming social relationships across the life span. Symposium conducted at the PAEPSY conference, Münster, Germany.
- Bühler, J. L.,** Weidmann, R., Ledermann, T., & Grob, A. (2017, August). Understanding the association between sociosexuality and relationship satisfaction from an attachment perspective. In Y. Rongquin (Chair), Risky aspects of youth romantic relationships. Symposium conducted at the 18<sup>th</sup> European Conference on Developmental Psychology, Utrecht, the Netherlands.
- Bühler, J. L.,** Weidmann, R., Kumashiro, M., & Grob, A. (2017, July). Does Michelangelo care about age? Age-related differences in the Michelangelo phenomenon. Blitz presentations at the 18<sup>th</sup> General Meeting of the European Association of Social Psychology, Granada, Spain.
- Bühler, J. L.,** Weidmann, R., & Grob, A. (2017, June). The relational self as actor, agent, and author. How personality layers affect relational well-being. In **J. L. Bühler** & W. L. Dunlop (Chairs), Life narratives in interpersonal contexts. Symposium conducted at the 15<sup>th</sup> Biennial Conference of the Association for Research in Personality, Sacramento, CA, USA.
- Bühler, J. L.,** & Weidmann, R. (2016, July). CouPers: An integrative framework of personality, relationship processes, and relationship outcomes. In **J. L. Bühler**, R. Weidmann, & A. Grob (Chairs), Illuminating the black box of romantic relationships: Relationship processes explaining associations between personality and relationship outcomes in couples. Symposium conducted at the 19<sup>th</sup> Annual Meeting Society for Interpersonal Theory and Research, Berlin, Germany.
- Bühler, J. L.,** Weidmann, R., & Grob, A. (2016, July). The relational self as actor, agent and author. Understanding life and relationship satisfaction from three personality layers. In D. McAdams (Chair), The role of life narrative in personality psychology. Symposium conducted at the 18<sup>th</sup> European Conference on Personality, Timisoara, Romania.
- Weidmann, R., **Bühler, J. L.,** & Grob, A. (2016, July). The CouPers Model: An integrative framework of personality, relationship processes, and relationship outcomes. In **J. L. Bühler**, R. Weidmann, & A. Grob (Chairs), The black box of romantic relationships: Relationship processes explaining the associations between personality and outcomes in romantic couples. Symposium conducted at the 18<sup>th</sup> European Conference on Personality, Timisoara, Romania.
- Weidmann, R., **Bühler, J. L.,** & Grob, A. (2015, September). Growth striving within romantic relationships. In J. Nikitin & V. Job (Chairs), Motivation in close personal relationships. Symposium conducted at the 14<sup>th</sup> Congress of the Swiss Psychological Society, Geneva, Switzerland.

## Conference Poster Presentations

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- Bühler, J. L.,** Weidmann, R., Ledermann, T., & Grob (2016, May). Understanding the association between sociosexuality and relationship satisfaction from an attachment perspective. Poster presented at the 28<sup>th</sup> Annual Convention of the Association for Psychological Science, Chicago, IL, USA.
- Bühler, J. L.,** & Grob, A. (2016, May). Does Michelangelo worry about age? Generational differences

in the Michelangelo phenomenon. Poster presented at the 9<sup>th</sup> Annual Meeting of the Society for the Study of Motivation, Chicago, IL, USA.

**Bühler, J. L., & Grob, A.** (2015, October). Does Michelangelo worry about age? The moderating role of age on the Michelangelo phenomenon. Poster presented at the 7<sup>th</sup> Conference of the Society for the Study of Emerging Adulthood, Miami, FL, USA.

**Bühler, J. L., Borter, N., & Rammsayer, T.** (2015, September). Differential effects of biological sex and relationship status on aspects of sociosexuality. Poster presented at the 14<sup>th</sup> Congress of the Swiss Psychological Society, Geneva, Switzerland.

**Bühler, J. L., & Grob, A.** (2015, June). The relational self as actor, agent, and author: Understanding life and relationship satisfaction from three distinct personality layers. Poster presented at the 14<sup>th</sup> Biennial Conference of the Association for Research in Personality, St. Louis, MO, USA.

## Teaching and Supervision

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### Seminars

Master's colloquium in personality and developmental psychology | University of Basel | 2016 – 2018

Romantic relationships: Theories, concepts, empiricism | Master's Level | University of Basel | 2016

Personality development in close relationships | Bachelor's Level | University of Basel | 2015

Social competence training | Bachelor's Level | University of Zurich | 2013

### Lecture

Personality and differential psychology | University of Basel | Autumn 2018

### Public Talks

How personality affects romantic relationships | Public Universities of Basel and Zurich | 2017 – 2018

Understanding the interplay between personality and close relationships | University of Basel | 2015

### Graduate Education

Workshop on job interviews | Graduate Center | University of Basel | 2017 to present

Workshop on preparing application material | Graduate Center | University of Basel | 2018

### Supervision of Master's Students

Stefanie Szabo | University of Basel | 2018 – 2019

## Further Education and Training

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**Good Scientific Practice** | Summer School | German Study Foundation | Neubeuern, Germany | 2017

**Couple Therapy** | Advanced Studies | University of Zurich, Switzerland | 2014 – 2016

**Performing Arts and Speech** | Advanced Studies | Zurich University of the Arts | 2013 – 2014

**Journalism** | Diploma | Distance School of Journalism | Berlin, Germany | 2011 – 2014

## Academic Services

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**Assessor** | Swiss Study Foundation | Zurich, Switzerland | 2017 to present

**Faculty Representative** | Quality Assessment of Swiss Universities | Bern, Switzerland | 2014

**Counselor** | Psychological Counseling Center | University of Bern, Switzerland | 2013 – 2014

## Media Coverage

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**Interview.** The psychology of romantic relationships | *Public University of Basel* | 2018

**Public Article.** Is our generation incapable of having long-lasting relationships? | *Edition F* | 2016

**Public Interview.** How the media might affect our social relationships | *NZZ Campus* | 2015

## Ad Hoc Reviewer

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*Developmental Psychology*

*Diagnostica*

*European Journal of Personality*

*Journal of Social and Personal Relationships*

*Narrative Inquiry*