

Dr. Janina Larissa Bühler
Research Output List

1. Publications

In press

- Baranski, E., Gardiner, G., Lee, D., **Members of the International Situations Project**, Funder, D. (in press). Who in the world is trying to change their personality traits? Volitional personality change among college students in 56 countries. *Journal of Personality and Social Psychology*.
- Barbaro, N., Weidmann, R., Burriss, R., Wünsche, J., **Bühler, J. L.**, Shackelford, T., & Grob, A. (in press). The (bidirectional) associations between romantic attachment orientations and mate retention behavior in male-female romantic couples. *Evolution and Human Behavior*.

2021

- Avilés, T. G., Burriss, R. P., Weidmann, R., **Bühler, J. L.**, Wünsche, J., & Grob, A. (2021). Committing to a romantic partner: Does attractiveness matter? A dyadic approach. *Personality and Individual Differences*, 176(1): 110776. <https://doi.org/10.1016/j.paid.2021.110765>
- Bühler, J. L.**, Wrzus, C., Weidmann, R., Wünsche, J., Burriss, R. P., & Grob, A. (2021). Hard-working in general but lazy at home? Generalized Big Five Traits and relationship-specific traits in romantic couples over time. *Journal of Research in Personality*. Advance online publication. <https://doi.org/10.1016/j.jrp.2021.104087>

2020

- Baranski, E., Sweeny, K., Gardiner, G., **Members of the International Situations Project**, & Funder, D. C. (2020). International optimism: Correlates and consequences of dispositional optimism across 61 countries. *Journal of Personality*. Advance online publication. <https://osf.io/yv2nq/wiki/home>
- Bühler, J. L.**, Finkenauer, C., & Grob, A. (2020). A dyadic personality perspective on the Michelangelo phenomenon: How personality traits relate to people's ideal selves and their personal growth in romantic relationships. *Journal of Research in Personality*. Advance online publication. <https://doi.org/10.1016/j.jrp.2020.103943>
- Bühler, J. L.** & Nikitin, J. (2020). Sociohistorical context and adult social development: New directions for 21st century research. *American Psychologist*, 75(4), 457–469. <https://doi.org/10.1037/amp0000611>
- Bühler, J. L.**, Weidmann, R., & Grob, A. (2020). The actor, agent, and author across the life span: Interrelations between personality traits, life goals, and life narratives in an age-heterogeneous sample. *European Journal of Personality*, 35(2), 168–196. <https://doi.org/10.1002/per.2275>
- Bühler, J. L.**, Weidmann, R., Wünsche, J., Burriss, R. P., & Grob, A. (2020). Daily responsiveness, expectations, and self-disclosure: How the average levels and within-person variability of three relationship components mediate personality–relationship transactions in romantic couples. *European Journal of Personality*, 34, 367–293. <https://doi.org/10.1002/per.2255>
- Dunlop, W. L., **Bühler, J. L.**, Maghsoodi, A., Harake, N., Wilkinson, D., & McAdams, D. P. (2020). The stories couples live by. *Journal of Social and Personal Relationships*. Advance online publication. <https://doi.org/10.1177/0265407520969900>
- Gardiner, G., Lee, D., Baranski, E., **Members of the International Situations Project**, & Funder, D. C. (2020). Happiness around the world: A combined etic-emic approach across 63 countries. *PLOS ONE*. Advance online publication. <https://osf.io/yv2nq/wiki/home>

- Lee, D. I., Gardiner, G., Baranski, E., **Members of the ISP Project**, & Funder, D. C. (2020). Situational experience around the world: A replication and extension in 62 countries. *Journal of Personality*. Advance online publication. <https://osf.io/yv2nq/wiki/home>
- Mund, M., Weidmann, R., Wrzus, C., Johnson, M. D., **Bühler, J. L.**, Burriss, R. P., Wünsche, J., & Grob, A. (2020). Loneliness and short-term dynamics in partner relationships. *International Journal of Behavioral Development*. Advance online publication. <https://doi.org/10.1177/0165025420951246>
- Nikitin, J., Wünsche, J., **Bühler, J. L.**, Weidmann, R., Burriss, R. P., & Grob, A. (2020). Interdependence of approach and avoidance goals in romantic couples over the course of days and months. *Journal of Gerontology: Series B*, Article gbaa149. Advance online publication. <https://doi.org/10.1093/geronb/gbaa149>

2019

- Bühler, J. L.** & Dunlop, W. L. (2019). The narrative identity approach and romantic relationships. *Social and Personality Psychology Compass*, 13(4), 1–13. <https://doi.org/10.1111/spc3.12447>
- Bühler, J. L.**, Weidmann, R., Kumashiro, M., & Grob, A. (2019). Does Michelangelo care about age? An adult life-span perspective on the Michelangelo phenomenon. *Journal of Social and Personal Relationships*, 36(4), 1392–1412. <https://doi.org/10.1177/0265407518766698>
- Bühler, J. L.**, Weidmann, R., Nikitin, J., & Grob, A. (2019). A closer look at life goals across adulthood: Applying a developmental perspective to content, dynamics, and outcomes of goal importance and goal attainability. *European Journal of Personality*, 33, 359–384. <https://doi.org/10.1002/per.2194>

2. Book Chapters

- Gardiner, G., Baranski, E., & **Bühler, J. L.** (2020). Cross-cultural assessment of situational experience. In D. C. Funder, J. F. Rauthmann, & R. Sherman (Eds.), *The Oxford handbook of psychological situations* (pp. 219–229). Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780190263348.013.11>
- Dunlop, W. L., & **Bühler, J. L.** (2017). A life course approach to personality. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of personality and individual differences*. Springer. https://doi.org/10.1007/978-3-319-28099-8_701-1

3. Contributions to Conferences

Organized Symposia

- Bühler, J. L.** & Orth, U. (2021, February), Meta-analytic advancements in social and personality development. Symposium conducted at the 2021 Annual Convention of the Society for Personality and Social Psychology. Online conference due to the coronavirus outbreak.
- Finn C., & **Bühler, J. L.** (2019, September), Personality-relationship transactions beyond traits: A focus on underlying processes. Symposium conducted at the 15th Conference on Personality and Psychological Assessment, Dresden, Germany.
- Hoppler, S. & **Bühler, J. L.** (2019, September), The relevance of considering contexts when studying people's motivations, emotions, and behavior. Symposium conducted at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
- Orth, U. & **Bühler, J. L.** (2019, September), Transactions between personality and important life domains across the adult lifespan. Symposium conducted at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.

- Bühler, J. L.** (2018, July), Current approaches and methods for studying the interplay between personality and romantic relationships. Symposium conducted at the 19th European Conference on Personality, Croatia.
- Bühler, J. L.** & Dunlop, W. L. (2017, June), Life narratives in interpersonal contexts. Symposium conducted at the 15th Biennial Conference of the Association for Research in Personality, Sacramento, CA, USA.
- Bühler, J. L.**, Weidmann, R., & Grob, A. (2016, July), Illuminating the black box of romantic relationships: Relationship processes explaining associations between personality and relationship outcomes in couples. Symposium conducted at the 19th Annual Meeting of the Society for Interpersonal Theory and Research, Berlin, Germany.

Oral Presentations

- Bühler, J. L.**, Krauss, S., & Orth, U. (2021, February). Development of relationship satisfaction as a function of age and relationship duration: A meta-analysis of longitudinal studies. In **J. L. Bühler** & U. Orth (Chairs), Meta-analytic advancements in social and personality development. Annual Convention of the Society for Personality and Social Psychology. Online conference due to the coronavirus outbreak.
- Bühler, J. L.**, Krauss, S., & Orth, U. (2020, July). Development of relationship satisfaction as a function of age and relationship duration: A meta-analysis of longitudinal studies. In Y. Park & G. MacDonald (Chairs), Methodological considerations in conducting relationships research. Conference of the International Association for Relationship Research, London, United Kingdom. Conference postponed to 2021 due to the coronavirus outbreak.
- Bühler, J. L.**, Mund, M., Neyer, F., & Wrzus, C. (2020, July). Personality development and romantic relationship events. In W. Bleidorn (Chair), Personality development. Invited symposium at the 20th European Conference on Personality Development, Madrid, Spain. Conference postponed to 2022 due to the coronavirus outbreak.
- Bühler, J. L.**, Wrzus, C., Mund, M., & Neyer, F. (2019, September). Personality-partnership transactions across the adult life span. In M. Mund & C. Wrzus (Chairs), Tangled up in you: Interpersonal perceptions and personality-relationship transactions in social relationships. Symposium conducted at the 15th Conference on Personality and Psychological Assessment, Dresden, Germany.
- Wünsche, J., **Bühler, J. L.**, Weidmann, R., Burriss, R. P., & Grob, A. (2019, September). Zooming into couples' everyday lives: How daily relationship processes and their variability mediate personality-relationship transactions in couples. In C. Finn & **J. L. Bühler** (Chairs), Personality-relationship transactions beyond traits: A focus on underlying processes. Symposium conducted at the 15th Conference on Personality and Psychological Assessment, Dresden, Germany.
- Bühler, J. L.**, Weidmann, R., Nikitin, & Grob, A. (2019, September). A closer look at life goals across adulthood: Applying a developmental perspective to goal importance and goal attainability. In S. Hoppler & **J. L. Bühler** (Chairs), The relevance of considering contexts when studying people's motivations, emotions, and behavior. Symposium conducted at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
- Bühler, J. L.**, Mund, M., Neyer, F., & Wrzus, C. (2019, September). Personality-partnership transactions across the adult life span. In U. Orth & **J. L. Bühler** (Chairs), Transactions between personality and important life domains across the adult lifespan. Symposium conducted at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.

- Weidmann, R., **Bühler, J. L.**, Wünsche, J., Burriss, R. B., & Grob, A. (2019, September). Insights into couples' everyday lives: Relationship processes and their day-to-day variability as explanatory mechanisms underlying personality-relationship transactions. In N. Meuwly (Chair), *Intimacy in couples: Who is maintaining it more easily?* Symposium conducted at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
- Bühler, J. L.**, Maghsoodi, H., & McAdams, D. P. (2018, July). How can you love and have no story to tell? Narrative approaches applied to romantic relationships. In **J. L. Bühler** (Chair), *Current approaches and methods for studying the interplay between personality and romantic relationships*. Symposium conducted at the 19th European Conference on Personality, Croatia.
- Weidmann, R., **Bühler, J. L.**, Wünsche, J., Burriss, R. P., & Grob, A. (2018, July). Every day another way: How variability in daily relationship processes explains the effects of personality vulnerabilities on relationship satisfaction in couples. In **J. L. Bühler** (Chair), *Current approaches and methods for studying the interplay between personality and romantic relationships*. Symposium conducted at the 19th European Conference on Personality, Zadar, Croatia.
- Grob, A., Burriss, R. P., Weidmann, R., Wünsche, J., & **Bühler, J. L.** (2018, July). Leaving footprints on the intimate partner's personality. In J. Borghuis (Chair), *Dynamics of personality and close relationships*. Symposium conducted at the 19th European Conference on Personality, Zadar, Croatia.
- Weidmann, R., **Bühler, J. L.**, Burriss, R. P., & Grob, A. (2017, September). Neuroticism and the trajectory of sexual satisfaction across two weeks: A daily diary study. In M. Mund (Chair), *I, you, and we. Dyadic perspectives on romantic relationships*. Symposium conducted at the 14th Conference on Personality and Psychological Assessment, Munich, Germany.
- Bühler, J. L.**, Weidmann, R., Nikitin, J., & Grob, A. (2017, September). Across the years of adulthood: Which roles do life goals play for romantic relationships? In T. Braun (Chair), *Forming social relationships across the life span*. Symposium conducted at the PAEPSY Conference, Münster, Germany.
- Bühler, J. L.**, Weidmann, R., Ledermann, T., & Grob, A. (2017, August). Understanding the association between sociosexuality and relationship satisfaction from an attachment perspective. In Y. Rongquin (Chair), *Risky aspects of youth romantic relationships*. Symposium conducted at the 18th European Conference on Developmental Psychology, Utrecht, the Netherlands.
- Bühler, J. L.**, Weidmann, R., Kumashiro, M., & Grob, A. (2017, July). Does Michelangelo care about age? Age-related differences in the Michelangelo phenomenon. Blitz presentations at the 18th General Meeting of the European Association of Social Psychology, Granada, Spain.
- Bühler, J. L.**, Weidmann, R., & Grob, A. (2017, June). The relational self as actor, agent, and author. How personality layers affect relational well-being. In **J. L. Bühler** & W. L. Dunlop (Chairs), *Life narratives in interpersonal contexts*. Symposium conducted at the 15th Biennial Conference of the Association for Research in Personality, Sacramento, CA, USA.
- Bühler, J. L.**, & Weidmann, R. (2016, July). CouPers: An integrative framework of personality, relationship processes, and relationship outcomes. In **J. L. Bühler**, R. Weidmann, & A. Grob (Chairs), *Illuminating the black box of romantic relationships: Relationship processes explaining associations between personality and relationship outcomes in couples*. Symposium conducted at the 19th Annual Meeting of the Society for Interpersonal Theory and Research, Berlin, Germany.
- Bühler, J. L.**, Weidmann, R., & Grob, A. (2016, July). The relational self as actor, agent and author. Understanding life and relationship satisfaction from three personality layers. In D. McAdams (Chair), *The role of life narrative in personality psychology*. Symposium conducted at the 18th European Conference on Personality, Timisoara, Romania.

Weidmann, R., **Bühler, J. L.**, & Grob, A. (2016, July). The CouPers model: An integrative framework of personality, relationship processes, and relationship outcomes. In **J. L. Bühler, R. Weidmann, & A. Grob** (Chairs), *The black box of romantic relationships: Relationship processes explaining the associations between personality and outcomes in romantic couples*. Symposium conducted at the 18th European Conference on Personality, Timisoara, Romania.

Weidmann, R., **Bühler, J. L.**, & Grob, A. (2015, September). Growth striving within romantic relationships. In J. Nikitin & V. Job (Chairs), *Motivation in close personal relationships*. Symposium conducted at the 14th Congress of the Swiss Psychological Society, Geneva, Switzerland.

Poster Presentations

Bühler, J. L., & Grob, A. (2016, May). Does Michelangelo worry about age? Generational differences in the Michelangelo phenomenon. Poster presented at the 9th Annual Meeting of the Society for the Study of Motivation, Chicago, IL, USA.

Bühler, J. L., Weidmann, R., Ledermann, T., & Grob, A. (2016, May). Understanding the association between sociosexuality and relationship satisfaction from an attachment perspective. Poster presented at the 28th Annual Convention of the Association for Psychological Science, Chicago, IL, USA.

Bühler, J. L., & Grob, A. (2015, October). Does Michelangelo worry about age? The moderating role of age on the Michelangelo phenomenon. Poster presented at the 7th Conference of the Society for the Study of Emerging Adulthood, Miami, FL, USA.

Bühler, J. L., Borter, N., & Rammsayer, T. (2015, September). Differential effects of biological sex and relationship status on aspects of sociosexuality. Poster presented at the 14th Congress of the Swiss Psychological Society, Geneva, Switzerland.

Bühler, J. L., & Grob, A. (2015, June). The relational self as actor, agent, and author: Understanding life and relationship satisfaction from three distinct personality layers. Poster presented at the 14th Biennial Conference of the Association for Research in Personality, St. Louis, MO, USA.

5. Invited Talks

Bühler, J. L. (2021, March). Personality and relationship development. A story in three chapters. Invited talk at the Social and Personality Psychology Area at Michigan State University, East Lansing, MI, USA.

Bühler, J. L. (2020, October). Development of personality and romantic relationships. A story in three chapters. Invited talk at the Social and Personality Psychology Area at University of California, Davis, CA, USA.

6. Other Artefacts With Documented Use

Bühler, J. L., Maghsoodi, H., & McAdams, D. P. (2017). *The Relationship Narrative Interview (RNI): A manual to assess romantic partners' relationship stories* [Unpublished manuscript]. Northwestern University, Evanston, IL. Accessible through <https://osf.io/fxcyt/>

7. Outreach Activities

How "I" shapes "we" (**July 2020 – present**). Blog at Psychology Today.

A formative partner (**March 2021**). In *Psychologie Heute*.

A better you (**December 2020**). In Psychology Today.

30, single and happy – why doesn't anyone believe me (**October 2020**)? In *Spiegel Online*.

Is relationship behavior predicted by childhood experience (**May 2020**)? In Podcast Dreimalklug.
Having a realistic vision is important (**March 2020**). In HelfRecht.
A conversation with Janina Bühler (**March 2019**). In the blog of the European Journal of Personality.
How life goals change over time (**February 2019**). In Welt Kompakt.
Live better with attainable goals (**February 2019**). In Uni Research Basel.
Does Michelangelo care about age? (**February 2019**). In the JSPP Podcast Relationship Matters.
Fewer divorces in Basel: Insecure times, longer marriages (**January 2019**). In Basler Zeitung.
The psychology of romantic relationships (**May 2018**). Public lecture at the University of Basel.
Love and Science (**January 2017**). Public lecture at the University of Basel.
Anxious about too much closeness in relationships (**May 2017**). Public talk at the University of Zurich.
In the treadmill of digitalization (**October 2015**). In NZZ Campus.