

Jun.-Prof. Dr. Janina Larissa Bühler

Curriculum Vitae

Personal Information

Address Johannes Gutenberg University Mainz
Department of Psychology
Personality Psychology and Psychological Assessment
Bingerstraße 14-16
55122 Mainz
Germany

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Website www.janina-buehler.com
ORCID ID 0000-0003-3684-9682

Research Interests

Structure and processes of personality, personality development across the life span, assessment and trajectories of romantic relationships, life-event research, experience sampling methods, narrative research, meta-analytic methodology

Education

Ph.D. in Psychology **University of Basel**
09/2016 – 05/2019 Department of Psychology
Personality and Developmental Psychology
Thesis title: «The self in romantic relationships: Understanding
personality and romantic relationships from three perspectives»
Supervisors: Prof. Dr. Alexander Grob, Prof. Dr. Jana Nikitin
Date of defense: May 9, 2019
Honors: Summa cum laude

M.Sc. in Psychology **University of Bern**
02/2012 – 08/2014

B.Sc. in Psychology **University of Fribourg**
09/2008 – 08/2011 German-French study program

Positions

Assistant Professor **Johannes Gutenberg University Mainz**
Since 01/2022 Department of Psychology
Personality Psychology and Psychological Assessment

Postdoctoral Researcher **University of Bern**
11/2021 – 12/2021 Institute of Psychology
Developmental Psychology

Postdoctoral Researcher **SNF Early Postdoc.Mobility Fellow**
 05/2020 – 10/2021 University of Heidelberg
 Department of Psychology
 Psychological Aging Research

 Cooperation with Yale University
 Cooperation with Max Planck Institute for Human Development

Postdoctoral Researcher **University of Bern**
 09/2019 – 04/2020 Institute of Psychology
 Developmental Psychology

Doctoral Candidate **University of Basel**
 03/2016 – 08/2019 Department of Psychology
 (Defense: 05/2019) Developmental and Personality Psychology

Research Stays Abroad

01/2019 – 05/2019 University of Heidelberg (Cornelia Wrzus)
 04/2017 – 10/2017 Northwestern University (Dan McAdams)
 09/2016 – 12/2016 University of California (David Funder)

Predocctoral Researcher **University of Basel**
 09/2014 – 02/2016 Department of Psychology
 Developmental and Personality Psychology

Awards

2020 **Emilie Louise Frey-Prize for dissertation** | € 1.800

Fellowships

2018 – 2019 **antelope@university**
 Fellowship of the University of Basel for highly qualified (post-)doctoral female researchers | € 2.700

2016 – 2018 **Swiss Study Foundation**
 Fellowship for excellent doctoral students

2008 – 2015 **Swiss Study Foundation**
 Fellowship for excellent students

Approved Research Projects

05/2020 – 10/2021 **SNF Early Postdoc.Mobility Fellowship**
 18-month research project abroad funded by the Swiss National Science Foundation (SNSF). Title: «A closer look at situations, experiences, and outcomes in romantic relationships: How do personality and age matter?» | € 70.000

10/2016 – 09/2019 **SNF Doc.CH Grant**
 36-month dissertation project funded by the Swiss National Science Foundation (SNSF). Title: «How we become who we are within romantic relationships. Disentangling the complex interplay between personality and romantic relationships from three perspectives» | € 170.000

Grants

Research Stays

01/2019 – 05/2019	SNSF Doc.CH Grant. University of Heidelberg € 8.950
04/2017 – 10/2017	SNSF Doc.CH Grant. Northwestern University € 12.500
09/2016 – 12/2016	Swiss Study Foundation. University of California, Riverside € 4.500

Conferences

06/2017	SAGW. ARP conference in Sacramento € 900
05/2016	University of Basel. APS convention in Chicago €1.300
06/2015	SAGW. ARP conference in St. Louis € 900
10/2015	University of Basel. SSEA conference in Miami € 1.700
10/2015	Jacobs Foundation. SSEA conference in Miami € 420

Peer-Reviewed Publications

2022

24. **Bühler, J. L.**, Hopwood, C. J., Nissen, A. T., & Bleidorn, W. (2022). Collective stressors affect the psychosocial development of young adults. *Social Psychological and Personality Science*. Advance online publication. <https://doi.org/10.1177/19485506221119018>
23. **Bühler, J. L.**, Mund, M., Neyer, F. J., & Wrzus, C. (2022). A developmental perspective on personality–relationship transactions in three nationally representative samples. *Journal of Personality*. Advance online publication. <https://doi.org/10.1111/jopy.12757>
22. **Bühler, J. L.** & Orth, U. (2022). Rank-order stability of relationship satisfaction: A meta-analysis of longitudinal studies. *Journal of Personality and Social Psychology*. Advance online publication. <https://doi.org/10.1037/pspp0000430>
21. Mund, M., Weidmann, R., Wrzus, C., Johnson, M. D., **Bühler, J. L.**, Burriss, R. P., Wünsche, J., & Grob, A. (2022). Loneliness and short-term dynamics in partner relationships. *International Journal of Behavioral Development*, 46(1), 28–38. <https://doi.org/10.1177/0165025420951246>
20. Orth, U., Meier, L. L., **Bühler, J. L.**, Dapp, L. C., Krauss, S., Messerli, D., & Robins, R. W. (2022). Effect size guidelines for cross-lagged effects. *Psychological Methods*. Advance online publication. <https://doi.org/10.1037/met0000499>
19. Reitz, A. K., Weidmann, R., Wünsche, J., **Bühler, J. L.**, Burriss, R. P., & Grob, A. (2022). In good times and in bad: A longitudinal analysis of the impact of bereavement on self-esteem and life satisfaction in couples. *European Journal of Personality*, 36(4), 616–639. <https://doi.org/10.1177/08902070211054896>

2021

18. Avilés, T. G., Burriss, R. P., Weidmann, R., **Bühler, J. L.**, Wünsche, J., & Grob, A. (2021). Committing to a romantic partner: Does attractiveness matter? A dyadic approach. *Personality and Individual Differences*, 176(1): 110776. <https://doi.org/10.1016/j.paid.2021.110765>
17. Baranski, E., Gardiner, G., Lee, D., **Members of ISP**, Funder, D. (2021). Who in the world is trying to change their personality traits? Volitional personality change among college students in 56 countries. *Journal of Personality and Social Psychology*, 121(5), 1140–1156. <https://doi.org/10.1037/pspp0000389>
16. Barbaro, N., Weidmann, R., Burriss, R., Wünsche, J., **Bühler, J. L.**, Shackelford, T., & Grob, A. (2021). The (bidirectional) associations between romantic attachment orientations and mate retention behavior in male-female romantic couples. *Evolution and Human Behavior*, 42(6), 497–506. <https://doi.org/10.1016/j.evolhumbehav.2021.04.005>

15. **Bühler, J. L.**, Krauss, S., & Orth, U. (2021). Development of relationship satisfaction across the life span: A systematic review and meta-analysis. *Psychological Bulletin*, 147(10), 1012–1053. <http://dx.doi.org/10.1037/bul0000342>
14. **Bühler, J. L.**, Wrzus, C., Weidmann, R., Wünsche, J., Burriss, R. P., & Grob, A. (2021). Hard-working in general but lazy at home? Generalized Big Five Traits and relationship-specific traits in romantic couples over time. *Journal of Research in Personality*, 92, 104087. <https://doi.org/10.1016/j.jrp.2021.104087>
13. Johnson, M. D., Lavner, J. A., Mund, M., Zemp M., Stanley, S. M., Neyer, F. J., Impett, E. A., Rhoades, G. K., Bodenmann, G., Weidmann, R., **Bühler, J. L.**, Burriss, R. P., Wünsche, J., & Grob, A. Within-couple associations between communication and relationship satisfaction over time. *Personality and Social Psychology Bulletin*, 48(4), 534–549. <https://doi.org/10.1177/01461672211016920>

2020

12. Baranski, E., Sweeny, K., Gardiner, G., **Members of ISP**, & Funder, D. C. (2020). International optimism: Correlates and consequences of dispositional optimism across 61 countries. *Journal of Personality*, 89(2), 288–304. <https://doi.org/10.1111/jopy.12582>
11. **Bühler, J. L.**, Finkenauer, C., & Grob, A. (2020). A dyadic personality perspective on the Michelangelo phenomenon: How personality traits relate to people's ideal selves and their personal growth in romantic relationships. *Journal of Research in Personality*, 86, 103943. <https://doi.org/10.1016/j.jrp.2020.103943>
10. **Bühler, J. L.** & Nikitin, J. (2020). Sociohistorical context and adult social development: New directions for 21st century research. *American Psychologist*, 75(4), 457–469. <https://doi.org/10.1037/amp0000611>
9. **Bühler, J. L.**, Weidmann, R., & Grob, A. (2020). The actor, agent, and author across the life span: Interrelations between personality traits, life goals, and life narratives in an age-heterogeneous sample. *European Journal of Personality*, 35(2), 168–196. <https://doi.org/10.1002/per.2275>
8. **Bühler, J. L.**, Weidmann, R., Wünsche, J., Burriss, R. P., & Grob, A. (2020). Daily responsiveness, expectations, and self-disclosure: How the average levels and within-person variability of three relationship components mediate personality–relationship transactions in romantic couples. *European Journal of Personality*, 34(3), 367–293. <https://doi.org/10.1002/per.2255>
7. Dunlop, W. L., **Bühler, J. L.**, Maghsoodi, A., Harake, N., Wilkinson, D., & McAdams, D. P. (2020). The stories couples live by. *Journal of Social and Personal Relationships*, 38(2), 690–710. <https://doi.org/10.1177/0265407520969900>
6. Gardiner, G., Lee, D., Baranski, E., **Members of ISP**, & Funder, D. C. (2020). Happiness around the world: A combined etic-emic approach across 63 countries. *PLOS ONE*, 15(12), e0242718. <https://doi.org/10.1371/journal.pone.0242718>
5. Lee, D. I., Gardiner, G., Baranski, E., **Members of ISP**, & Funder, D. C. (2020). Situational experience around the world: A replication and extension in 62 countries. *Journal of Personality*, 88(6), 1091–1110. <https://doi.org/10.1111/jopy.12558>
4. Nikitin, J., Wünsche, J., **Bühler, J. L.**, Weidmann, R., Burriss, R. P., & Grob, A. (2020). Interdependence of approach and avoidance goals in romantic couples over the course of days and months. *Journal of Gerontology: Series B*, 76(7), 1251–1263. <https://doi.org/10.1093/geronb/gbaa149>
3. **Bühler, J. L.** & Dunlop, W. L. (2019). The narrative identity approach and romantic relationships. *Social and Personality Psychology Compass*, 13(4), 1–13. <https://doi.org/10.1111/spc3.12447>

2. **Bühler, J. L.**, Weidmann, R., Kumashiro, M., & Grob, A. (2019). Does Michelangelo care about age? An adult life-span perspective on the Michelangelo phenomenon. *Journal of Social and Personal Relationships*, 36(4), 1392–1412. <https://doi.org/10.1177/0265407518766698>
1. **Bühler, J. L.**, Weidmann, R., Nikitin, J., & Grob, A. (2019). A closer look at life goals across adulthood: Applying a developmental perspective to content, dynamics, and outcomes of goal importance and goal attainability. *European Journal of Personality*, 33(3), 359–384. <https://doi.org/10.1002/per.2194>

Book Chapters

2. Gardiner, G., Baranski, E., & **Bühler, J. L.** (2020). Cross-cultural assessment of situational experience. In D. C. Funder, J. F. Rauthmann, & R. Sherman (Eds.), *The Oxford handbook of psychological situations* (pp. 219–229). Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780190263348.013.11>
1. Dunlop, W. L., & **Bühler, J. L.** (2017). A life course approach to personality. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of personality and individual differences*. Springer. https://doi.org/10.1007/978-3-319-28099-8_701-1

Organized Symposia

8. **Bühler, J. L.** & Orth, U. (2022, September), Romantic relationships in young, middle, and late adulthood. Symposium conducted at the 17th Conference of the Swiss Psychological Society, Zurich, Switzerland.
7. **Bühler, J. L.** & Orth, U. (2021, February), Meta-analytic advancements in social and personality development. Symposium conducted at the 2021 Annual Convention of the Society for Personality and Social Psychology. Online conference due to the coronavirus outbreak.
6. Finn C., & **Bühler, J. L.** (2019, September), Personality-relationship transactions beyond traits: A focus on underlying processes. Symposium conducted at the 15th Conference on Personality and Psychological Assessment, Dresden, Germany.
5. Hoppler, S. & **Bühler, J. L.** (2019, September), The relevance of considering contexts when studying people's motivations, emotions, and behavior. Symposium conducted at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
4. Orth, U. & **Bühler, J. L.** (2019, September), Transactions between personality and important life domains across the adult lifespan. Symposium conducted at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
3. **Bühler, J. L.** (2018, July), Current approaches and methods for studying the interplay between personality and romantic relationships. Symposium conducted at the 19th European Conference on Personality, Croatia.
2. **Bühler, J. L.** & Dunlop, W. L. (2017, June), Life narratives in interpersonal contexts. Symposium conducted at the 15th Biennial Conference of the Association for Research in Personality, Sacramento, CA, USA.
1. **Bühler, J. L.**, Weidmann, R., & Grob, A. (2016, July), Illuminating the black box of romantic relationships: Relationship processes explaining associations between personality and relationship outcomes in couples. Symposium conducted at the 19th Annual Meeting of the Society for Interpersonal Theory and Research, Berlin, Germany.

Conference Contributions

Talks

26. **Bühler, J. L.**, Scheling, L., & Wrzus, C. (2022, September). The associations between traits and states in romantic couples: Evidence from a pre-registered experience sampling study. In N. Kuper & K. Horstmann (Chairs), New developments in the study of person-environment dynamics. Symposium conducted at the 52nd Congress of the German Psychological Society, Hildesheim, Germany.
25. Scheling, L., **Bühler, J. L.**, Wrzus, C., Weidmann, R., Burriss, R., Wünsche, J., & Grob, A. (2022, September). Daily variability in relationship satisfaction: A descriptive approach and discussion of the phenomenon within the vulnerability-stress-adaptions-model. In L. Wiczorek & T. Gonzalez Avilés (Chairs), Romantic relationships across the life span. Symposium conducted at the 52nd Congress of the German Psychological Society, Hildesheim, Germany.
24. **Bühler, J. L.**, Krauss, S., & Orth, U. (2022, September). How relationship satisfaction develops across the life span: Findings from a systematic review and meta-analysis. In **J. L. Bühler & U. Orth** (Chairs), Romantic relationships in young, middle, and late adulthood. Symposium conducted at the 17th Conference of the Swiss Psychological Society, Zurich, Switzerland.
23. **Bühler, J. L.**, Mund, M., Neyer, F., & Wrzus, C. (2022, July). Personality development and romantic relationship events across adulthood. In W. Bleidorn (Chair), New directions in personality development research. Invited symposium at the 20th European Conference on Personality Development, Madrid, Spain.
22. **Bühler, J. L.**, Hopwood, C. J., Nissen, A., & Bleidorn, W. (2021, September). The effects of collective stressors on the psychosocial development of young adults. Symposium conducted at the 16th Conference on Personality and Psychological Assessment, Ulm, Germany (virtual conference).
21. **Bühler, J. L.**, Krauss, S., & Orth, U. (2021, September). Development of relationship satisfaction across the life span: A meta-analysis of longitudinal studies. Virtual Conference of the International Association for Relationship Research.
20. **Bühler, J. L.**, Krauss, S., & Orth, U. (2021, February). Development of relationship satisfaction as a function of age and relationship duration: A meta-analysis of longitudinal studies. In **J. L. Bühler & U. Orth** (Chairs), Meta-analytic advancements in social and personality development. Annual Convention of the Society for Personality and Social Psychology. Online conference due to the coronavirus outbreak.
19. **Bühler, J. L.**, Krauss, S., & Orth, U. (2020, July). Development of relationship satisfaction as a function of age and relationship duration: A meta-analysis of longitudinal studies. In Y. Park & G. MacDonald (Chairs), Methodological considerations in conducting relationships research. Conference of the International Association for Relationship Research, London, United Kingdom. Conference postponed to 2021 due to the coronavirus outbreak.
18. **Bühler, J. L.**, Mund, M., Neyer, F., & Wrzus, C. (2020, July). Personality development and romantic relationship events. In W. Bleidorn (Chair), Personality development. Invited symposium at the 20th European Conference on Personality Development, Madrid, Spain. Conference postponed to 2022 due to the coronavirus outbreak.
17. **Bühler, J. L.**, Wrzus, C., Mund, M., & Neyer, F. (2019, September). Personality-partnership transactions across the adult life span. In M. Mund & C. Wrzus (Chairs), Tangled up in you: Interpersonal perceptions and personality-relationship transactions in social relationships. Symposium conducted at the 15th Conference on Personality and Psychological Assessment, Dresden, Germany.

16. Wünsche, J., **Bühler, J. L.**, Weidmann, R., Burriss, R. P., & Grob, A. (2019, September). Zooming into couples' everyday lives: How daily relationship processes and their variability mediate personality-relationship transactions in couples. In C. Finn & **J. L. Bühler** (Chairs), Personality-relationship transactions beyond traits: A focus on underlying processes. Symposium conducted at the 15th Conference on Personality and Psychological Assessment, Dresden, Germany.
15. **Bühler, J. L.**, Weidmann, R., Nikitin, & Grob, A. (2019, September). A closer look at life goals across adulthood: Applying a developmental perspective to goal importance and goal attainability. In S. Hoppler & **J. L. Bühler** (Chairs), The relevance of considering contexts when studying people's motivations, emotions, and behavior. Symposium conducted at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
14. **Bühler, J. L.**, Mund, M., Neyer, F., & Wrzus, C. (2019, September). Personality-partnership transactions across the adult life span. In U. Orth & **J. L. Bühler** (Chairs), Transactions between personality and important life domains across the adult lifespan. Symposium conducted at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
13. Weidmann, R., **Bühler, J. L.**, Wünsche, J., Burriss, R. B., & Grob, A. (2019, September). Insights into couples' everyday lives: Relationship processes and their day-to-day variability as explanatory mechanisms underlying personality-relationship transactions. In N. Meuwly (Chair), Intimacy in couples: Who is maintaining it more easily? Symposium conducted at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
12. **Bühler, J. L.**, Maghsoodi, H., & McAdams, D. P. (2018, July). How can you love and have no story to tell? Narrative approaches applied to romantic relationships. In **J. L. Bühler** (Chair), Current approaches and methods for studying the interplay between personality and romantic relationships. Symposium conducted at the 19th European Conference on Personality, Croatia.
11. Weidmann, R., **Bühler, J. L.**, Wünsche, J., Burriss, R. P., & Grob, A. (2018, July). Every day another way: How variability in daily relationship processes explains the effects of personality vulnerabilities on relationship satisfaction in couples. In **J. L. Bühler** (Chair), Current approaches and methods for studying the interplay between personality and romantic relationships. Symposium conducted at the 19th European Conference on Personality, Zadar, Croatia.
10. Grob, A., Burriss, R. P., Weidmann, R., Wünsche, J., & **Bühler, J. L.** (2018, July). Leaving footprints on the intimate partner's personality. In J. Borghuis (Chair), Dynamics of personality and close relationships. Symposium conducted at the 19th European Conference on Personality, Zadar, Croatia.
9. Weidmann, R., **Bühler, J. L.**, Burriss, R. P., & Grob, A. (2017, September). Neuroticism and the trajectory of sexual satisfaction across two weeks: A daily diary study. In M. Mund (Chair), I, you, and we. Dyadic perspectives on romantic relationships. Symposium conducted at the 14th Conference on Personality and Psychological Assessment, Munich, Germany.
8. **Bühler, J. L.**, Weidmann, R., Nikitin, J., & Grob, A. (2017, September). Across the years of adulthood: Which roles do life goals play for romantic relationships? In T. Braun (Chair), Forming social relationships across the life span. Symposium conducted at the PAEPSY Conference, Münster, Germany.
7. **Bühler, J. L.**, Weidmann, R., Ledermann, T., & Grob, A. (2017, August). Understanding the association between sociosexuality and relationship satisfaction from an attachment perspective. In Y. Rongquin (Chair), Risky aspects of youth romantic relationships. Symposium conducted at the 18th European Conference on Developmental Psychology, Utrecht, the Netherlands.

6. **Bühler, J. L.**, Weidmann, R., Kumashiro, M., & Grob, A. (2017, July). Does Michelangelo care about age? Age-related differences in the Michelangelo phenomenon. Blitz presentations at the 18th General Meeting of the European Association of Social Psychology, Granada, Spain.
5. **Bühler, J. L.**, Weidmann, R., & Grob, A. (2017, June). The relational self as actor, agent, and author. How personality layers affect relational well-being. In **J. L. Bühler & W. L. Dunlop** (Chairs), Life narratives in interpersonal contexts. Symposium conducted at the 15th Biennial Conference of the Association for Research in Personality, Sacramento, CA, USA.
4. **Bühler, J. L.**, & Weidmann, R. (2016, July). CouPers: An integrative framework of personality, relationship processes, and relationship outcomes. In **J. L. Bühler, R. Weidmann, & A. Grob** (Chairs), Illuminating the black box of romantic relationships: Relationship processes explaining associations between personality and relationship outcomes in couples. Symposium conducted at the 19th Annual Meeting of the Society for Interpersonal Theory and Research, Berlin, Germany.
3. **Bühler, J. L.**, Weidmann, R., & Grob, A. (2016, July). The relational self as actor, agent, and author. Understanding life and relationship satisfaction from three personality layers. In D. McAdams (Chair), The role of life narrative in personality psychology. Symposium conducted at the 18th European Conference on Personality, Timisoara, Romania.
2. Weidmann, R., **Bühler, J. L.**, & Grob, A. (2016, July). The CouPers model: An integrative framework of personality, relationship processes, and relationship outcomes. In **J. L. Bühler, R. Weidmann, & A. Grob** (Chairs), The black box of romantic relationships: Relationship processes explaining the associations between personality and outcomes in romantic couples. Symposium conducted at the 18th European Conference on Personality, Timisoara, Romania.
1. Weidmann, R., **Bühler, J. L.**, & Grob, A. (2015, September). Growth striving within romantic relationships. In J. Nikitin & V. Job (Chairs), Motivation in close personal relationships. Symposium conducted at the 14th Congress of the Swiss Psychological Society, Geneva, Switzerland.

Posters

5. **Bühler, J. L.**, & Grob, A. (2016, May). Does Michelangelo worry about age? Generational differences in the Michelangelo phenomenon. Poster presented at the 9th Annual Meeting of the Society for the Study of Motivation, Chicago, IL, USA.
4. **Bühler, J. L.**, Weidmann, R., Ledermann, T., & Grob, A. (2016, May). Understanding the association between sociosexuality and relationship satisfaction from an attachment perspective. Poster presented at the 28th Annual Convention of the Association for Psychological Science, Chicago, IL, USA.
3. **Bühler, J. L.**, & Grob, A. (2015, October). Does Michelangelo worry about age? The moderating role of age on the Michelangelo phenomenon. Poster presented at the 7th Conference of the Society for the Study of Emerging Adulthood, Miami, FL, USA.
2. **Bühler, J. L.**, Borter, N., & Rammsayer, T. (2015, September). Differential effects of biological sex and relationship status on aspects of sociosexuality. Poster presented at the 14th Congress of the Swiss Psychological Society, Geneva, Switzerland.
1. **Bühler, J. L.**, & Grob, A. (2015, June). The relational self as actor, agent, and author: Understanding life and relationship satisfaction from three distinct personality layers. Poster presented at the 14th Biennial Conference of the Association for Research in Personality, St. Louis, MO, USA.

Other Artefact With Documented Use

1. **Bühler, J. L.**, Maghsoodi, H., & McAdams, D. P. (2017). *The Relationship Narrative Interview (RNI): A manual to assess romantic partners' relationship stories* [Unpublished manuscript]. Northwestern University, Evanston, IL. Accessible through <https://osf.io/fxcyt/>

Supervision of Junior Researchers

Ph.D. theses

Since 06/2022 Marcelle Saameli, University of Basel (co-supervisor)
 Since 01/2022 Louisa Scheling, Johannes Gutenberg University Mainz

Master theses

Since 04/2022 Leonie Schreiber, Johannes Gutenberg University Mainz
 Since 10/2021 Vincent Schwalbach, University of Heidelberg (co-supervisor)
 05/2021 – 06/2022 Cara Nordhoff, University of Heidelberg
 03/2020 – 06/2021 Louisa Scheling, University of Heidelberg
 03/2020 – 08/2020 Giulia Stotz, University of Basel (co-supervisor)
 01/2018 – 05/2019 Stefanie Szabo, University of Basel

Bachelor theses

Since 04/2022 9 students, Johannes Gutenberg University Mainz
 07/2019 – 01/2020 5 students, University of Bern

Mentoring

Since 04/2022 Mentor in the WiNS-Mentoring für doctoral and postdoctoral researchers on the Campus Adlershof of the Humboldt University of Berlin (Mentee: Katja Witte)

Teaching

Undergraduate and Graduate Program

Seminar **Johannes Gutenberg University Mainz**
 2022 Diagnostic procedures and methods
 2022 Bachelor thesis in Personality Psychology

Seminar **University of Heidelberg**
 2021 Diagnostics of romantic relationships in adulthood

Seminar and Lecture **University of Basel**
 2019 Predictors and implications of personality development
 2018 Personality and differential psychology
 2016 – 2018 Master's colloquium in Developmental and Personality Psychology
 2016 Romantic relationships: Theories, concepts, and empirical findings
 2015 Personality development in relationships

Seminar **University of Zürich**
 2013 Social competence training

Further Education

Workshop **Graduate Center at the University of Basel**
 Since 2017 Job interviews: How to be prepared

Editorial Service and Reviewing Activities

Consultant Editor

Since 2020 *European Journal of Personality*

Ad-hoc Reviewer

Since 2022 *German Research Foundation (DFG)*
 Since 2021 *Advances in Life Course Research, European Journal of Social Psychology, Journal of Happiness Studies, Journal of Personality and Social Psychology, Journal of Personality Assessment, Journal of Research in Personality, Personality and Social Psychology Bulletin*
 Since 2020 *Emerging Adulthood, Journal of Family Psychology, Journal of Gerontology: Psychological Sciences*
 Since 2018 *Developmental Psychology, Diagnostica, Narrative Inquiry*
 Since 2017 *European Journal of Personality, Journal of Social and Personal Relationships*

Academic Services

Since 09/2022 Member of the ethics committee of the Department of Psychology at the Johannes Gutenberg University Mainz
 Since 05/2022 Delegate for equality and diversity in the Faculty 02: Social Sciences, Media, and Sports of the Johannes Gutenberg University Mainz
 Since 10/2017 Assessor of the Swiss Study Foundation
 05/2022 – 06/2022 Member of the selection committee for the Assistant Professorship in Social and Legal Psychology at the Johannes Gutenberg University Mainz

Invited Talks

08/2022 **University of Zurich**
 Analysis of Dyadic Interaction (ADI) at the Department of Psychology. Invited talk. Title: «Relationship satisfaction across the life span: What we know and not (yet) know»
 03/2021 **Michigan State University**
 Social and Personality Psychology Area. Invited talk. Title: «Personality and relationship development. A story in three chapters»
 10/2020 **University of California, Davis**
 Social and Personality Psychology Area. Invited talk. Title: «Development of personality and romantic relationships»

Outreach Activities

Blog and Book

Since 2020 How «I» shapes «we» | Blog at Psychology Today
 2022 More I. More You. More We. | Beltz

Selected Contributions

Written

2021 How partners form us | Psychologie Heute
 2020 A better you | Psychology Today
 2020 30, single and happy | Spiegel Online
 2019 How life goals change over time | Welt Kompakt

Auditory and visual

2022	Dating: How to overcome old patterns Deutschlandfunk Nova
2022	The first flat as a couple Podcast of the STANDARD
2019	Does Michelangelo care about age? Podcast Relationship Matters
2015	The rat race of digitalization NZZ Campus

Public Lectures

Since 04/2022	Lecturer in the further education program «Studying Beyond Age 50». Johannes Gutenberg University Mainz
Since 01/2022	Co-organizer of the study program «Psychology» and lecturer of the modules «Developmental Psychology» and «Personality Psychology» at the adult education center Basel (VHSBB)
2021	Personality and relationships. Lecture at the VHSBB

Memberships in Scientific Societies

Since 2020	European Association of Personality Psychology (EAPP)
Since 2020	German Psychological Society (DGPs)
Since 2020	Personality Psychology and Psychological Diagnostics (DPPD)
Since 2017	Association for Psychological Science (APS)
Since 2017	European Association of Developmental Psychology (EADP)
Since 2017	Society for the Study of Emerging Adulthood (SSEA)
Since 2015	Association for Research in Personality (ARP)
Since 2015	Society for Personality and Social Psychology (SPSP)
Since 2015	Swiss Psychological Society (SGP)

Further Education

CAS 05/2014 – 05/2016	Couple Therapy (Certificate of Advanced Studies) University of Zurich
CAS 05/2014 – 11/2014	Performing Speech (Certificate of Advanced Studies) Zurich University of the Arts
Diploma 10/2011 – 10/2014	Journalism Distance School of Journalism Berlin