

Jun.-Prof. Dr. Janina Larissa Bühler

Curriculum Vitae

Personal Information

Address Johannes Gutenberg University Mainz
Department of Psychology
Personality Psychology and Psychological Assessment
Bingerstraße 14-16
55122 Mainz
Germany

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Website www.janina-buehler.com
ORCID iD 0000-0003-3684-9682

Research Topics

Personality development across the life span, trajectories of romantic relationships, predictors and implications of life events, experience sampling methods, narrative research, meta-analytic methods

Education

09/2016 – 05/2019 **Ph.D. in Psychology**
University of Basel, Switzerland
Title: «The self in romantic relationships: Understanding personality and romantic relationships from three perspectives»
Date of defense: May 9, 2019
Honors: Summa cum laude

02/2012 – 08/2014 **M.Sc. in Psychology**
University of Bern, Switzerland

09/2008 – 08/2011 **B.Sc. in Psychology**
University of Fribourg, Switzerland

Positions

Since 01/2022 **Assistant Professor**
Johannes Gutenberg University Mainz, Germany

11/2021 – 12/2021 **Postdoctoral Researcher**
University of Bern, Switzerland

05/2020 – 10/2021 **Postdoctoral Researcher**
University of Heidelberg, Germany

09/2019 – 04/2020 **Postdoctoral Researcher**
University of Bern, Switzerland

03/2016 – 08/2019 **Doctoral Candidate**
University of Basel, Switzerland

01/2019 – 05/2019	University of Heidelberg, Germany
04/2017 – 10/2017	Northwestern University, IL, USA
09/2016 – 12/2016	University of California, Riverside, CA, USA
09/2014 – 02/2016	Predoctoral Researcher University of Basel, Switzerland

Grants

01/2024 – 12/2029	Emmy Noether Research Group Research project in the Emmy Noether Program of the German Research Foundation (DFG): «A longitudinal experience sampling study on personality-relationship transactions among couples in young, middle, and late adulthood: A detailed examination and analysis of the underlying dynamics.» USD 1'702'006
05/2020 – 10/2021	Early Postdoc.Mobility Fellowship Research project abroad funded by the Swiss National Science Foundation (SNSF): «A closer look at situations, experiences, and outcomes in romantic relationships: How do personality and age matter?» USD 75'038
10/2016 – 09/2019	Doc.CH Grant Dissertation project funded by the SNSF: «How we become who we are within romantic relationships. Disentangling the complex interplay between personality and romantic relationships from three perspectives.» USD 178'266
01/2019 – 05/2019	Travel Grant Grant for a research stay at the University of Heidelberg funded by the SNSF USD 9'585
04/2017 – 10/2017	Travel Grant Grant for a research stay at Northwestern University funded by the SNSF USD 13'387
09/2016 – 12/2016	Travel Grant Grant for a research stay at the University of California, Riverside funded by the Swiss Study Foundation USD 4'820

Awards and Fellowships

2020	Emilie Louise Frey-Prize Prize for dissertation USD 1'932
2018 – 2019	antelope@university Fellowship of the University of Basel for highly qualified (post-)doctoral female researchers USD 2'892
2016 – 2018	Swiss Study Foundation Fellowship for excellent doctoral students
2008 – 2015	Swiss Study Foundation Fellowship for excellent students

Peer-Reviewed Publications

2023 and in press

26. **Bühler, J. L.**, Orth, U., Bleidorn, W., Weber, E., Kretzschmar, A., Scheling, L., & Hopwood, C. J. (2023). Life events and personality change: A systematic review and meta-analysis. *European Journal of Personality*. Advance online publication. <https://doi.org/10.1177/08902070231190219>
25. Bücken, S. M., Luhmann, M., Haehner, P., **Bühler, J. L.**, Dapp, L., Luciano, E., & Orth, U. (in press). The development of subjective well-being across the lifespan: A meta-analytic review of longitudinal studies. *Psychological Bulletin*.

2022

24. **Bühler, J. L.**, Hopwood, C. J., Nissen, A. T., & Bleidorn, W. (2022). Collective stressors affect the psychosocial development of young adults. *Social Psychological and Personality Science*, 14(6), 708–726. <https://doi.org/10.1177/19485506221119018>
23. **Bühler, J. L.**, Mund, M., Neyer, F. J., & Wrzus, C. (2022). A developmental perspective on personality–relationship transactions in three nationally representative samples. *Journal of Personality*. Advance online publication. <https://doi.org/10.1111/jopy.12757>
22. **Bühler, J. L.** & Orth, U. (2022). Rank-order stability of relationship satisfaction: A meta-analysis of longitudinal studies. *Journal of Personality and Social Psychology*, 123(5), 1138–1165. <https://doi.org/10.1037/pspp0000430>
21. Mund, M., Weidmann, R., Wrzus, C., Johnson, M. D., **Bühler, J. L.**, Burriss, R. P., Wünsche, J., & Grob, A. (2022). Loneliness and short-term dynamics in partner relationships. *International Journal of Behavioral Development*, 46(1), 28–38. <https://doi.org/10.1177/0165025420951246>
20. Orth, U., Meier, L. L., **Bühler, J. L.**, Dapp, L. C., Krauss, S., Messerli, D., & Robins, R. W. (2022). Effect size guidelines for cross-lagged effects. *Psychological Methods*. Advance online publication. <https://doi.org/10.1037/met0000499>
19. Reitz, A. K., Weidmann, R., Wünsche, J., **Bühler, J. L.**, Burriss, R. P., & Grob, A. (2022). In good times and in bad: A longitudinal analysis of the impact of bereavement on self-esteem and life satisfaction in couples. *European Journal of Personality*, 36(4), 616–639. <https://doi.org/10.1177/08902070211054896>

2021

18. Avilés, T. G., Burriss, R. P., Weidmann, R., **Bühler, J. L.**, Wünsche, J., & Grob, A. (2021). Committing to a romantic partner: Does attractiveness matter? A dyadic approach. *Personality and Individual Differences*, 176(1): 110776. <https://doi.org/10.1016/j.paid.2021.110765>
17. Baranski, E., Gardiner, G., Lee, D., **Members of ISP**, Funder, D. (2021). Who in the world is trying to change their personality traits? Volitional personality change among college students in 56 countries. *Journal of Personality and Social Psychology*, 121(5), 1140–1156. <https://doi.org/10.1037/pspp0000389>
16. Barbaro, N., Weidmann, R., Burriss, R., Wünsche, J., **Bühler, J. L.**, Shackelford, T., & Grob, A. (2021). The (bidirectional) associations between romantic attachment orientations and mate retention behavior in male-female romantic couples. *Evolution and Human Behavior*, 42(6), 497–506. <https://doi.org/10.1016/j.evolhumbehav.2021.04.005>
15. **Bühler, J. L.**, Krauss, S., & Orth, U. (2021). Development of relationship satisfaction across the life span: A systematic review and meta-analysis. *Psychological Bulletin*, 147(10), 1012–1053. <http://dx.doi.org/10.1037/bul0000342>

14. **Bühler, J. L.**, Wrzus, C., Weidmann, R., Wünsche, J., Burriss, R. P., & Grob, A. (2021). Hard-working in general but lazy at home? Generalized Big Five Traits and relationship-specific traits in romantic couples over time. *Journal of Research in Personality*, 92, 104087. <https://doi.org/10.1016/j.jrp.2021.104087>
13. Johnson, M. D., Lavner, J. A., Mund, M., Zemp M., Stanley, S. M., Neyer, F. J., Impett, E. A., Rhoades, G. K., Bodenmann, G., Weidmann, R., **Bühler, J. L.**, Burriss, R. P., Wünsche, J., & Grob, A. Within-couple associations between communication and relationship satisfaction over time. *Personality and Social Psychology Bulletin*, 48(4), 534–549. <https://doi.org/10.1177/01461672211016920>

2020

12. Baranski, E., Sweeny, K., Gardiner, G., **Members of ISP**, & Funder, D. C. (2020). International optimism: Correlates and consequences of dispositional optimism across 61 countries. *Journal of Personality*, 89(2), 288–304. <https://doi.org/10.1111/jopy.12582>
11. **Bühler, J. L.**, Finkenauer, C., & Grob, A. (2020). A dyadic personality perspective on the Michelangelo phenomenon: How personality traits relate to people's ideal selves and their personal growth in romantic relationships. *Journal of Research in Personality*, 86, 103943. <https://doi.org/10.1016/j.jrp.2020.103943>
10. **Bühler, J. L.** & Nikitin, J. (2020). Sociohistorical context and adult social development: New directions for 21st century research. *American Psychologist*, 75(4), 457–469. <https://doi.org/10.1037/amp0000611>
9. **Bühler, J. L.**, Weidmann, R., & Grob, A. (2020). The actor, agent, and author across the life span: Interrelations between personality traits, life goals, and life narratives in an age-heterogeneous sample. *European Journal of Personality*, 35(2), 168–196. <https://doi.org/10.1002/per.2275>
8. **Bühler, J. L.**, Weidmann, R., Wünsche, J., Burriss, R. P., & Grob, A. (2020). Daily responsiveness, expectations, and self-disclosure: How the average levels and within-person variability of three relationship components mediate personality–relationship transactions in romantic couples. *European Journal of Personality*, 34(3), 367–293. <https://doi.org/10.1002/per.2255>
7. Dunlop, W. L., **Bühler, J. L.**, Maghsoodi, A., Harake, N., Wilkinson, D., & McAdams, D. P. (2020). The stories couples live by. *Journal of Social and Personal Relationships*, 38(2), 690–710. <https://doi.org/10.1177/0265407520969900>
6. Gardiner, G., Lee, D., Baranski, E., **Members of ISP**, & Funder, D. C. (2020). Happiness around the world: A combined etic-emic approach across 63 countries. *PLOS ONE*, 15(12), e0242718. <https://doi.org/10.1371/journal.pone.0242718>
5. Lee, D. I., Gardiner, G., Baranski, E., **Members of ISP**, & Funder, D. C. (2020). Situational experience around the world: A replication and extension in 62 countries. *Journal of Personality*, 88(6), 1091–1110. <https://doi.org/10.1111/jopy.12558>
4. Nikitin, J., Wünsche, J., **Bühler, J. L.**, Weidmann, R., Burriss, R. P., & Grob, A. (2020). Interdependence of approach and avoidance goals in romantic couples over the course of days and months. *Journal of Gerontology: Series B*, 76(7), 1251–1263. <https://doi.org/10.1093/geronb/gbaa149>

2019

3. **Bühler, J. L.** & Dunlop, W. L. (2019). The narrative identity approach and romantic relationships. *Social and Personality Psychology Compass*, 13(4), 1–13. <https://doi.org/10.1111/spc3.12447>
2. **Bühler, J. L.**, Weidmann, R., Kumashiro, M., & Grob, A. (2019). Does Michelangelo care about age? An adult life-span perspective on the Michelangelo phenomenon. *Journal of Social and Personal Relationships*, 36(4), 1392–1412. <https://doi.org/10.1177/0265407518766698>

1. **Bühler, J. L.**, Weidmann, R., Nikitin, J., & Grob, A. (2019). A closer look at life goals across adulthood: Applying a developmental perspective to content, dynamics, and outcomes of goal importance and goal attainability. *European Journal of Personality*, 33(3), 359–384.
<https://doi.org/10.1002/per.2194>

Book Chapters

4. **Bühler, J. L.** & Scheling, L. (2025). Relationship satisfaction. In A. Vangelisti, D. Perlman, & S. Sprecher (Eds.), *The Cambridge handbook of personal relationships* (3rd). Cambridge University Press.
3. **Bühler, J. L.** & Scheling, L. (2024). Personality in couple relationships. In N. C. Overall, J. A. Simpson, & J. A. Lavner (Eds.), *Research handbook on couples and family relationships*. Edward Elgar Publishing Ltd.
2. Gardiner, G., Baranski, E., & **Bühler, J. L.** (2020). Cross-cultural assessment of situational experience. In D. C. Funder, J. F. Rauthmann, & R. Sherman (Eds.), *The Oxford handbook of psychological situations* (pp. 219–229). Oxford University Press.
<https://doi.org/10.1093/oxfordhb/9780190263348.013.11>
1. Dunlop, W. L., & **Bühler, J. L.** (2017). A life course approach to personality. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of personality and individual differences*. Springer.
https://doi.org/10.1007/978-3-319-28099-8_701-1

Organized Symposia

8. **Bühler, J. L.** & Orth, U. (2022, September), Romantic relationships in young, middle, and late adulthood. Symposium at the 17th Conference of the Swiss Psychological Society, Zurich.
7. **Bühler, J. L.** & Orth, U. (2021, February), Meta-analytic advancements in social and personality development. Symposium at the 2021 Annual Convention of the Society for Personality and Social Psychology. Online conference due to the coronavirus outbreak.
6. Finn C., & **Bühler, J. L.** (2019, September), Personality-relationship transactions beyond traits: A focus on underlying processes. Symposium at the 15th Conference on Personality and Psychological Assessment, Dresden, Germany.
5. Hoppler, S. & **Bühler, J. L.** (2019, September), The relevance of considering contexts when studying people's motivations, emotions, and behavior. Symposium at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
4. Orth, U. & **Bühler, J. L.** (2019, September), Transactions between personality and important life domains across the adult lifespan. Symposium at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
3. **Bühler, J. L.** (2018, July), Current approaches and methods for studying the interplay between personality and romantic relationships. Symposium at the 19th European Conference on Personality, Croatia.
2. **Bühler, J. L.** & Dunlop, W. L. (2017, June), Life narratives in interpersonal contexts. Symposium at the 15th Biennial Conference of the Association for Research in Personality, Sacramento, CA, USA.
1. **Bühler, J. L.**, Weidmann, R., & Grob, A. (2016, July), Illuminating the black box of romantic relationships: Relationship processes explaining associations between personality and relationship outcomes in couples. Symposium at the 19th Annual Meeting of the Society for Interpersonal Theory and Research, Berlin, Germany.

Talks and Posters

Talks

29. Klinz, J. L., **Bühler, J. L.**, McAdams, D. P., Reischer, H. N., Mayukha, A., Adler, J. M., & Back, M. D. (2023, July). Automatically coding agency and communion from life narratives. In E. Grunenberg (Chair), Personality science and technology: Advances across contexts. Symposium at the 8th Biennial Conference of the Association for Research in Personality, Evanston, IL, USA.
28. Kasap, E. Z. & **Bühler, J. L.**, (2023, July). Applying self-expansion theory to romantic relationship narratives: What are the benefits? Presentation at the 19th General Meeting of the European Association of Social Psychology, Kraków, Poland
27. **Bühler, J. L.**, Mund, M., Neyer, F. J., & Wrzus, C. (2023, February). A developmental perspective on personality-relationship transactions. In R. Weidmann & W. Chopik (Chairs), Environmental influences on personality: Evidence from a special issue of Journal of Personality. Symposium at Personality Science Preconference at SPSP, Atlanta, USA.
26. **Bühler, J. L.**, Scheling, L., & Wrzus, C. (2022, September). Der Zusammenhang von Traits und States bei Paaren: Ergebnisse einer präregistrierten Experience-Sampling Studie. In N. Kuper & K. Horstmann (Chairs), New developments in the study of person-environment dynamics. Symposium at the 52nd Congress of the German Psychological Society, Hildesheim, Germany.
25. Scheling, L., **Bühler, J. L.**, Wrzus, C., Weidmann, R., Burriss, R., Wünsche, J., & Grob, A. (2022, September). Daily variability in relationship satisfaction: A descriptive approach and discussion of the phenomenon within the vulnerability-stress-adaptions-model. In L. Wiczorek & T. Gonzalez Avilés (Chairs), Romantic relationships across the life span. Symposium at the 52nd Congress of the German Psychological Society, Hildesheim.
24. **Bühler, J. L.**, Krauss, S., & Orth, U. (2022, September). How relationship satisfaction develops across the life span: Findings from a systematic review and meta-analysis. In **J. L. Bühler** & U. Orth (Chairs), Romantic relationships in young, middle, and late adulthood. Symposium at the 17th Conference of the Swiss Psychological Society, Zurich, Switzerland.
23. **Bühler, J. L.**, Mund, M., Neyer, F., & Wrzus, C. (2022, July). Personality development and romantic relationship events across adulthood. In W. Bleidorn (Chair), New directions in personality development research. Invited symposium at the 20th European Conference on Personality Development, Madrid, Spain.
22. **Bühler, J. L.**, Hopwood, C. J., Nissen, A., & Bleidorn, W. (2021, September). The effects of collective stressors on the psychosocial development of young adults. Symposium at the 16th Conference on Personality and Psychological Assessment, Ulm, Germany (virtual conference).
21. **Bühler, J. L.**, Krauss, S., & Orth, U. (2021, September). Development of relationship satisfaction across the life span: A meta-analysis of longitudinal studies. Virtual Conference of the International Association for Relationship Research.
20. **Bühler, J. L.**, Krauss, S., & Orth, U. (2021, February). Development of relationship satisfaction as a function of age and relationship duration: A meta-analysis of longitudinal studies. In **J. L. Bühler** & U. Orth (Chairs), Meta-analytic advancements in social and personality development. Annual Convention of the Society for Personality and Social Psychology. Online conference due to the coronavirus outbreak.
19. **Bühler, J. L.**, Krauss, S., & Orth, U. (2020, July). Development of relationship satisfaction as a function of age and relationship duration: A meta-analysis of longitudinal studies. In Y. Park & G. MacDonald (Chairs), Methodological considerations in conducting relationships research. Conference of the International Association for Relationship Research, London, United Kingdom. Conference postponed to 2021 due to the coronavirus outbreak.

18. **Bühler, J. L.**, Mund, M., Neyer, F., & Wrzus, C. (2020, July). Personality development and romantic relationship events. In W. Bleidorn (Chair), Personality development. Invited symposium at the 20th European Conference on Personality Development, Madrid, Spain. Conference postponed to 2022 due to the coronavirus outbreak.
17. **Bühler, J. L.**, Wrzus, C., Mund, M., & Neyer, F. (2019, September). Personality-partnership transactions across the adult life span. In M. Mund & C. Wrzus (Chairs), Tangled up in you: Interpersonal perceptions and personality-relationship transactions in social relationships. Symposium at the 15th Conference on Personality and Psychological Assessment, Dresden, Germany.
16. Wünsche, J., **Bühler, J. L.**, Weidmann, R., Burriss, R. P., & Grob, A. (2019, September). Zooming into couples' everyday lives: How daily relationship processes and their variability mediate personality-relationship transactions in couples. In C. Finn & **J. L. Bühler** (Chairs), Personality-relationship transactions beyond traits: A focus on underlying processes. Symposium at the 15th Conference on Personality and Psychological Assessment, Dresden, Germany.
15. **Bühler, J. L.**, Weidmann, R., Nikitin, & Grob, A. (2019, September). A closer look at life goals across adulthood: Applying a developmental perspective to goal importance and goal attainability. In S. Hoppler & **J. L. Bühler** (Chairs), The relevance of considering contexts when studying people's motivations, emotions, and behavior. Symposium at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
14. **Bühler, J. L.**, Mund, M., Neyer, F., & Wrzus, C. (2019, September). Personality-partnership transactions across the adult life span. In U. Orth & **J. L. Bühler** (Chairs), Transactions between personality and important life domains across the adult lifespan. Symposium at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
13. Weidmann, R., **Bühler, J. L.**, Wünsche, J., Burriss, R. B., & Grob, A. (2019, September). Insights into couples' everyday lives: Relationship processes and their day-to-day variability as explanatory mechanisms underlying personality-relationship transactions. In N. Meuwly (Chair), Intimacy in couples: Who is maintaining it more easily? Symposium at the 16th Congress of the Swiss Psychological Society, Bern, Switzerland.
12. **Bühler, J. L.**, Maghsoodi, H., & McAdams, D. P. (2018, July). How can you love and have no story to tell? Narrative approaches applied to romantic relationships. In **J. L. Bühler** (Chair), Current approaches and methods for studying the interplay between personality and romantic relationships. Symposium at the 19th European Conference on Personality, Croatia.
11. Weidmann, R., **Bühler, J. L.**, Wünsche, J., Burriss, R. P., & Grob, A. (2018, July). Every day another way: How variability in daily relationship processes explains the effects of personality vulnerabilities on relationship satisfaction in couples. In **J. L. Bühler** (Chair), Current approaches and methods for studying the interplay between personality and romantic relationships. Symposium at the 19th European Conference on Personality, Zadar, Croatia.
10. Grob, A., Burriss, R. P., Weidmann, R., Wünsche, J., & **Bühler, J. L.** (2018, July). Leaving footprints on the intimate partner's personality. In J. Borghuis (Chair), Dynamics of personality and close relationships. Symposium at the 19th European Conference on Personality, Zadar, Croatia.
9. Weidmann, R., **Bühler, J. L.**, Burriss, R. P., & Grob, A. (2017, September). Neuroticism and the trajectory of sexual satisfaction across two weeks: A daily diary study. In M. Mund (Chair), I, you, and we. Dyadic perspectives on romantic relationships. Symposium at the 14th Conference on Personality and Psychological Assessment, Munich, Germany.

8. **Bühler, J. L.**, Weidmann, R., Nikitin, J., & Grob, A. (2017, September). Across the years of adulthood: Which roles do life goals play for romantic relationships? In T. Braun (Chair), Forming social relationships across the life span. Symposium at the PAEPSY Conference, Münster, Germany.
7. **Bühler, J. L.**, Weidmann, R., Ledermann, T., & Grob, A. (2017, August). Understanding the association between sociosexuality and relationship satisfaction from an attachment perspective. In Y. Rongquin (Chair), Risky aspects of youth romantic relationships. Symposium at the 18th European Conference on Developmental Psychology, Utrecht, the Netherlands.
6. **Bühler, J. L.**, Weidmann, R., Kumashiro, M., & Grob, A. (2017, July). Does Michelangelo care about age? Age-related differences in the Michelangelo phenomenon. Blitz presentations at the 18th General Meeting of the European Association of Social Psychology, Granada, Spain.
5. **Bühler, J. L.**, Weidmann, R., & Grob, A. (2017, June). The relational self as actor, agent, and author. How personality layers affect relational well-being. In **J. L. Bühler** & W. L. Dunlop (Chairs), Life narratives in interpersonal contexts. Symposium at the 15th Biennial Conference of the Association for Research in Personality, Sacramento, CA, USA.
4. **Bühler, J. L.**, & Weidmann, R. (2016, July). CouPers: An integrative framework of personality, relationship processes, and relationship outcomes. In **J. L. Bühler**, R. Weidmann, & A. Grob (Chairs), Illuminating the black box of romantic relationships: Relationship processes explaining associations between personality and relationship outcomes in couples. Symposium at the 19th Annual Meeting of the Society for Interpersonal Theory and Research, Berlin, Germany.
3. **Bühler, J. L.**, Weidmann, R., & Grob, A. (2016, July). The relational self as actor, agent, and author. Understanding life and relationship satisfaction from three personality layers. In D. McAdams (Chair), The role of life narrative in personality psychology. Symposium at the 18th European Conference on Personality, Timisoara, Romania.
2. Weidmann, R., **Bühler, J. L.**, & Grob, A. (2016, July). The CouPers model: An integrative framework of personality, relationship processes, and relationship outcomes. In **J. L. Bühler**, R. Weidmann, & A. Grob (Chairs), The black box of romantic relationships: Relationship processes explaining the associations between personality and outcomes in romantic couples. Symposium at the 18th European Conference on Personality, Timisoara, Romania.
1. Weidmann, R., **Bühler, J. L.**, & Grob, A. (2015, September). Growth striving within romantic relationships. In J. Nikitin & V. Job (Chairs), Motivation in close personal relationships. Symposium at the 14th Congress of the Swiss Psychological Society, Geneva, Switzerland.

Posters

6. Scheling, L., **Bühler, J. L.**, Wrzus, C., Weidmann, R., Burriss, R. P., Wünsche, J., & Grob, A. (2023, July). Daily rollercoaster of love: Short-term change in state relationship satisfaction. Poster at the 8th Biennial Conference of the Association for Research in Personality, Evanston, IL, USA. Awarded with the ARP Poster Award.
5. **Bühler, J. L.**, & Grob, A. (2016, May). Does Michelangelo worry about age? Generational differences in the Michelangelo phenomenon. Poster at the 9th Annual Meeting of the Society for the Study of Motivation, Chicago, IL, USA.
4. **Bühler, J. L.**, Weidmann, R., Ledermann, T., & Grob, A. (2016, May). Understanding the association between sociosexuality and relationship satisfaction from an attachment perspective. Poster at the 28th Annual Convention of the Association for Psychological Science, Chicago, IL, USA.

3. **Bühler, J. L., & Grob, A.** (2015, October). Does Michelangelo worry about age? The moderating role of age on the Michelangelo phenomenon. Poster at the 7th Conference of the Society for the Study of Emerging Adulthood, Miami, FL, USA.
2. **Bühler, J. L., Borter, N., & Rammsayer, T.** (2015, September). Differential effects of biological sex and relationship status on aspects of sociosexuality. Poster at the 14th Congress of the Swiss Psychological Society, Geneva, Switzerland.
1. **Bühler, J. L., & Grob, A.** (2015, June). The relational self as actor, agent, and author: Understanding life and relationship satisfaction from three distinct personality layers. Poster at the 14th Biennial Conference of the Association for Research in Personality, St. Louis, MO, USA.

Other Artefact With Documented Use

1. **Bühler, J. L., Maghsoodi, H., & McAdams, D. P.** (2017). *The Relationship Narrative Interview (RNI): A manual to assess romantic partners' relationship stories* [Unpublished manuscript]. Northwestern University, Evanston, IL. Accessible through <https://osf.io/fxcyt/>

Supervision of Junior Researchers

Ph.D. theses

Since 08/2023 Elisa Steuler, University of Mainz
 Since 01/2022 Louisa Scheling, University of Mainz

Master theses

Since 02/2023 Luise Loga, University of Mainz
 Since 11/2022 Monique Blijham, University of Mainz
 11/2022 – 09/2023 Andrea Sophie Bütje, University of Mainz
 04/2022 – 01/2023 Leonie Schreiber, University of Mainz
 10/2021 – 09/2022 Vincent Schwalbach, University of Heidelberg (co-supervisor)
 05/2021 – 06/2022 Cara Nordhoff, University of Heidelberg
 03/2020 – 06/2021 Louisa Scheling, University of Heidelberg
 03/2020 – 08/2020 Giulia Stotz, University of Basel (co-supervisor)
 01/2018 – 05/2019 Stefanie Szabo, University of Basel

Bachelor theses

Since 04/2022 17 students, University of Mainz
 07/2019 – 01/2020 5 students, University of Bern

Teaching

Seminars

2023 **University of Mainz**
 Bachelor thesis in Personality Psychology
 2023 The power of personality
 2022 Diagnostic procedures and methods
 2022 Bachelor thesis in Personality Psychology

Seminar

2021 **University of Heidelberg**
 Diagnostics of romantic relationships in adulthood

Seminars

2019 **University of Basel**
 Predictors and implications of personality development
 2016 – 2018 Master's colloquium in Developmental and Personality Psychology

2016 Romantic relationships: Theories, concepts, and empirical findings
 2015 Personality development in relationships

Lecture Course **University of Basel**
 2018 Personality and differential psychology

Editorial Service and Reviewing Activities

Consultant Editor

Since 2020 *European Journal of Personality*

Ad-hoc Reviewer

Since 2023 *Nature Human Behaviour*
 Since 2022 *German Research Foundation (DFG)*
 Since 2021 *Advances in Life Course Research, European Journal of Social Psychology, Journal of Happiness Studies, Journal of Personality and Social Psychology, Journal of Personality Assessment, Journal of Research in Personality, Personality and Social Psychology Bulletin*
 Since 2020 *Emerging Adulthood, Journal of Family Psychology, Journal of Gerontology: Psychological Sciences*
 Since 2018 *Developmental Psychology, Diagnostica, Narrative Inquiry*
 Since 2017 *European Journal of Personality, Journal of Social and Personal Relationships*

Academic Services

Since 09/2023 **Representative of Early Career Researchers in the Executive Committee**
 Differential Psychology, Personality Psychology, and Psychological Assessment (DPPD) Section of the German Psychological Society

Since 07/2023 **Mentor**
 DPPD Mentoring for a female Ph.D. student

Since 11/2022 **Co-Chair of the Program Committee**
 17th Conference of the DPPD in Salzburg, Austria

Since 09/2022 **Ethics committee**
 Member of the ethics committee at the Department of Psychology of the University of Mainz

Since 05/2022 **Delegate**
 Delegate for equality and diversity in the Faculty for Social Sciences, Media, and Sports of the University of Mainz

Since 10/2017 **Assessor**
 Swiss Study Foundation

04/2022 – 03/2023 **Mentor**
 WiNS-Mentoring for doctoral and postdoctoral researchers on the Campus Adlershof of the Humboldt University of Berlin

Invited Talks

- 08/2022 **University of Zurich**
Analysis of Dyadic Interaction (ADI) at the Department of Psychology.
Invited talk. Title: «Relationship satisfaction across the life span: What we know and not (yet) know»
- 03/2021 **Michigan State University**
Social and Personality Psychology Area. Invited talk. Title:
«Personality and relationship development. A story in three chapters»
- 10/2020 **University of California, Davis**
Social and Personality Psychology Area. Invited talk. Title:
«Development of personality and romantic relationships»

Outreach Activities

Blog and Book

- Since 2020 How «I» shapes «we» | Blog at Psychology Today
2022 More I. More You. More We. | Beltz

Selected Contributions

Newspaper and magazine

- 2023 The first love | ZEIT Magazine online
2023 Having a baby can rock a marriage | BBC
2023 Ending a relationship with 66 years | Frankfurter Allgemeine Zeitung
2023 Forever and always – almost | NZZ am Sonntag

Radio and television

- 2022 Dating: How to overcome old patterns | Deutschlandfunk Nova
2022 The first flat as a couple | Podcast of the STANDARD

Memberships in Scientific Societies

- Since 2020 European Association of Personality Psychology (EAPP)
Since 2020 German Psychological Society (DGPs)
Since 2020 Personality Psychology and Psychological Diagnostics (DPPD)
Since 2017 Association for Psychological Science (APS)
Since 2017 European Association of Developmental Psychology (EADP)
Since 2017 Society for the Study of Emerging Adulthood (SSEA)
Since 2015 Association for Research in Personality (ARP)
Since 2015 Society for Personality and Social Psychology (SPSP)
Since 2015 Swiss Psychological Society (SGP)

Further Education

- CAS** **Couple Therapy (Certificate of Advanced Studies)**
05/2014 – 05/2016 University of Zurich